

| | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
|-------|---|--|--|---|---|--|
| Aut 1 | <ul style="list-style-type: none"> SEAL- New Beginnings The School Community | <ul style="list-style-type: none"> SEAL- New Beginnings The School Community | <ul style="list-style-type: none"> SEAL- New Beginnings Community Boundaries | <ul style="list-style-type: none"> SEAL- New Beginnings Community Boundaries | <ul style="list-style-type: none"> SEAL- New Beginnings Healthy lifestyle Balance of a healthy diet and activity Puberty Hygiene Learning and employment Range of jobs | <ul style="list-style-type: none"> SEAL- New Beginnings Alcohol, tobacco and solvents Effects of misuse Law relating to alcohol, tobacco and solvents Peer influences |
| Aut 2 | <ul style="list-style-type: none"> MindUP-Taking mindful action in the world SEAL Getting on and falling out/ Why is bully unacceptable? | <ul style="list-style-type: none"> MindUP-Taking mindful action in the world SEAL Getting on and falling out/ Why is bully unacceptable? | <ul style="list-style-type: none"> MindUP-Taking mindful action in the world SEAL Getting on and falling out/ Why is bully unacceptable? | <ul style="list-style-type: none"> MindUP-Taking mindful action in the world SEAL Getting on and falling out/ Why is bully unacceptable? | <ul style="list-style-type: none"> MindUP-Taking mindful action in the world SEAL Getting on and falling out/ Why is bully unacceptable? | <ul style="list-style-type: none"> MindUP-Taking mindful action in the world SEAL Getting on and falling out/ Why is bully unacceptable? |
| Spr 1 | <ul style="list-style-type: none"> MindUP-Expressing gratitude How have I changed? | <ul style="list-style-type: none"> MindUP-Expressing gratitude How do I feel? | <ul style="list-style-type: none"> MindUP-Expressing gratitude Learning about Money | <ul style="list-style-type: none"> MindUP-Expressing gratitude Media Influence and me | <ul style="list-style-type: none"> MindUP-Expressing gratitude The global community | <ul style="list-style-type: none"> MindUP-Expressing gratitude Media influences |
| Spr 2 | <ul style="list-style-type: none"> MindUP-The brain Stressful situations Diet Classification of food Illness and accidents | <ul style="list-style-type: none"> MindUP-The brain Stressful situations Body Parts Male/Female Similarities/ differences Diet Classification of food | <ul style="list-style-type: none"> MindUP-The brain Stressful situations The Local Community Who works in the local community | <ul style="list-style-type: none"> MindUP-The brain Stressful situations Preparing for puberty What is puberty Medicines Alcohol and tobacco | <ul style="list-style-type: none"> MindUP-The brain Stressful situations My computer and me | <ul style="list-style-type: none"> MindUP-The brain Stressful situations Learning about money Charities money Supporting others |
| Sum 1 | <ul style="list-style-type: none"> MindUP -Choosing Optimism Television and Me | <ul style="list-style-type: none"> MindUP -Choosing Optimism Friendships | <ul style="list-style-type: none"> MindUP -Choosing Optimism Family Networks Celebrating differences Challenging stereotypes Growing and Changing | <ul style="list-style-type: none"> MindUP -Choosing Optimism The Local Community | <ul style="list-style-type: none"> MindUP -Choosing Optimism Growing up | <ul style="list-style-type: none"> MindUP -Choosing Optimism Puberty Development Changes Puberty unit Growing up |
| Sum 2 | <ul style="list-style-type: none"> MindUP-Firm & consistent People who help us. What have I achieved? | <ul style="list-style-type: none"> MindUP-Firm & consistent What have I achieved? | <ul style="list-style-type: none"> MindUP-Firm & consistent What have I achieved? | <ul style="list-style-type: none"> MindUP-Firm & consistent What have I achieved? | <ul style="list-style-type: none"> MindUP-Firm & consistent Rite of passage | <ul style="list-style-type: none"> MindUP-Firm & consistent Rite of passage |