

PE curriculum. Unit skills progression



TAG RUGBY						
Year 1 & 2	<ul style="list-style-type: none"> • Introduction new sport • How to use new equipment • Preassessments • Skill (Tagging) 	<ul style="list-style-type: none"> • Improve tagging 	<ul style="list-style-type: none"> • Holding skills 	<ul style="list-style-type: none"> • Throwing and catching rugby ball 	<ul style="list-style-type: none"> • Improve throwing and catching rugby ball • Introduction to passing 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 3 & 4	<ul style="list-style-type: none"> • Introduction new sport • How to use new equipment • Preassessments • Skill (Tagging) 	<ul style="list-style-type: none"> • Improve tagging • Holding skills 	<ul style="list-style-type: none"> • Throwing and catching rugby ball 	<ul style="list-style-type: none"> • Passing 	<ul style="list-style-type: none"> • Improve passing • Introduction to passing backwards • Games 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 5 & 6	<ul style="list-style-type: none"> • Introduction new sport • How to use new equipment • Preassessments • Skill (Tagging) 	<ul style="list-style-type: none"> • Holding skills • Throwing and catching rugby ball 	<ul style="list-style-type: none"> • Passing 	<ul style="list-style-type: none"> • Passing backwards • Games 	<ul style="list-style-type: none"> • Mastering passing backwards • Matches 	<ul style="list-style-type: none"> • Assessments • House Competitions

HOCKEY						
Year 1 & 2	<ul style="list-style-type: none"> • Introduction new sport • Preassessments • Safety rules 	<ul style="list-style-type: none"> • Control stick • Safety rules 	<ul style="list-style-type: none"> • Control stick • Introduction of the ball 	<ul style="list-style-type: none"> • Control the ball • Catching games 	<ul style="list-style-type: none"> • Improving control the ball • Games 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 3 & 4	<ul style="list-style-type: none"> • Introduction new sport • Preassessments • Safety rules 	<ul style="list-style-type: none"> • Control stick • Introduction of the ball 	<ul style="list-style-type: none"> • Improving control the stick • Control the ball 	<ul style="list-style-type: none"> • Dribbling • Passing 	<ul style="list-style-type: none"> • Improving passing • Games 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 5 & 6	<ul style="list-style-type: none"> • Introduction new sport • Preassessments • Safety rules 	<ul style="list-style-type: none"> • Control stick • Introduction of the ball 	<ul style="list-style-type: none"> • Control the ball • Passing 	<ul style="list-style-type: none"> • Improve passing • Games 	<ul style="list-style-type: none"> • Mastering passing • Matches 	<ul style="list-style-type: none"> • Assessments • House Competitions

HANDBALL						
Year 1 & 2	<ul style="list-style-type: none"> • Introduction new sport • How to use new equipment • Preassessments • Skill (Handling) 	<ul style="list-style-type: none"> • Improve handling 	<ul style="list-style-type: none"> • Dribbling skills 	<ul style="list-style-type: none"> • Improving dribbling skills • Throwing and catching skills 	<ul style="list-style-type: none"> • Improving throwing and catching skills • Introduction to passing 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 3 & 4	<ul style="list-style-type: none"> • Introduction new sport • How to use new equipment • Preassessments • Skill (Handling) 	<ul style="list-style-type: none"> • Improve handling • Dribbling skills 	<ul style="list-style-type: none"> • Throwing and catching skills 	<ul style="list-style-type: none"> • Passing 	<ul style="list-style-type: none"> • Improving Passing • Games 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 5 & 6	<ul style="list-style-type: none"> • Introduction new sport • How to use new equipment • Preassessments • Skill (Handling) 	<ul style="list-style-type: none"> • Dribbling skills • Throwing and catching skills 	<ul style="list-style-type: none"> • Passing 	<ul style="list-style-type: none"> • 2x1 • 1x1 • Games 	<ul style="list-style-type: none"> • Matches 	<ul style="list-style-type: none"> • Assessments • House Competitions

BASKETBALL						
Year 1 & 2	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment • Basic skills (dribbling, side stepping dribbling) • Preassessments 	<ul style="list-style-type: none"> • Basic skills review • Dribbling catching games 	<ul style="list-style-type: none"> • Advanced dribbling skills 1: ("8", alternative dribbling and back dribbling) • Dribbling catching games 	<ul style="list-style-type: none"> • Advanced dribbling skills 1 review • Passing games 	<ul style="list-style-type: none"> • Dribbling skills review • Games 	<ul style="list-style-type: none"> • Assessments • House competitions (passing games)
Year 3 & 4	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment • Basic skills (dribbling, side stepping dribbling) • Preassessments 	<ul style="list-style-type: none"> • Basic skills review • Advanced dribbling skills 1: ("8", alternative dribbling and back dribbling) 	<ul style="list-style-type: none"> • Advanced dribbling skills 1 review • Advanced dribbling skills 2 : low dribbling and dribbling throw legs 	<ul style="list-style-type: none"> • Advanced dribbling skills 2 review • Passing 	<ul style="list-style-type: none"> • Passing review • Games 	<ul style="list-style-type: none"> • Assessments • House competitions
Year 5 & 6	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment • Basic skills (dribbling, side stepping dribbling) • Preassessments 	<ul style="list-style-type: none"> • Basic skills review • Advanced dribbling skills 1: ("8", alternative dribbling and back dribbling) 	<ul style="list-style-type: none"> • Advanced dribbling skills 1 review • Advanced dribbling skills 2 : low dribbling and dribbling throw legs • Passing 	<ul style="list-style-type: none"> • Advanced dribbling skills 2 review • Interception • Games 	<ul style="list-style-type: none"> • Interception review • Matches 	<ul style="list-style-type: none"> • Assessments • House competitions

Tennis

Year 1 & 2	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment (Tennis balls) • Preassessments 	<ul style="list-style-type: none"> • Throwing and catching • Targeting 	<ul style="list-style-type: none"> • How to use new equipment (Tennis rackets) 	<ul style="list-style-type: none"> • Racket skills (hit & bounce, food on dish) 	<ul style="list-style-type: none"> • Skills review • Games 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 3 & 4	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment (Tennis balls) • Preassessments 	<ul style="list-style-type: none"> • How to use new equipment (Tennis rackets) • Racket skills 	<ul style="list-style-type: none"> • Forehand 	<ul style="list-style-type: none"> • Forehand review • Backhand 	<ul style="list-style-type: none"> • Backhand review • Games 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 5 & 6	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment (Tennis balls & rackets) • Preassessments 	<ul style="list-style-type: none"> • Racket skills (washing machine, around the world) • Forehand 	<ul style="list-style-type: none"> • Backhand • Volley 	<ul style="list-style-type: none"> • Serve • Games 	<ul style="list-style-type: none"> • Skills review • Matches 	<ul style="list-style-type: none"> • Assessments • House Competitions

Cricket

Year 1 & 2	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment (Tennis balls) • Preassessments 	<ul style="list-style-type: none"> • Throwing and catching • Bowling 	<ul style="list-style-type: none"> • Bowling review • Targeting wickets 	<ul style="list-style-type: none"> • Targeting review • Fielding 	<ul style="list-style-type: none"> • Skills review • Games 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 3 & 4	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment (Cricket balls) • Preassessments 	<ul style="list-style-type: none"> • Bowling • Fielding 	<ul style="list-style-type: none"> • Recap • Targeting wickets 	<ul style="list-style-type: none"> • Bating • Close game situations 	<ul style="list-style-type: none"> • Skills review • Games 	<ul style="list-style-type: none"> • Assessments • House Competitions
Year 5 & 6	<ul style="list-style-type: none"> • Introduction of the new sport • How to use new equipment (Cricket balls & bats) • Preassessments 	<ul style="list-style-type: none"> • Bowling • Fielding • Targeting 	<ul style="list-style-type: none"> • Recap • Bating • Close game situations 	<ul style="list-style-type: none"> • Serve • Games 	<ul style="list-style-type: none"> • Skills review • Matches 	<ul style="list-style-type: none"> • Assessments • House Competitions